



Sayam Hanpipat, M.D.
Rehabilitation Medicine
Subspecialties: Cardiac Rehabilitation,
Sports Medicine

Education & Professional Certification:

- 1999** • Doctor of Medicine, Faculty of Medicine, Chiang Mai University, Thailand
- 2011** • Diplomate, Thai Board of Rehabilitation Medicine, Chiang Mai University, Thailand

Professional Experience:

2021 - December 2023)

- Physician in Rehabilitation Medicine, Bangkok Hospital Phuket, Phuket, Thailand Provided specialized rehabilitation care for cardiac patients and individuals recovering from injury, with a strong focus on restoring physical function and improving quality of life.

Areas of Expertise:

- **Cardiac Rehabilitation:**
Structured recovery programs for patients with cardiovascular disease, including exercise prescription, lifestyle modification, and long-term monitoring
- **Sports Medicine:**
Prevention, diagnosis, and rehabilitation of sports-related injuries for both amateur and professional athletes
- **Neuromuscular and musculoskeletal rehabilitation** for patients recovering from stroke, spinal cord injury, and orthopedic surgery
- **Holistic rehabilitation care** with emphasis on patient-centered goals, functional independence, and quality of life improvement
- **Interdisciplinary team** collaboration in managing complex rehabilitation cases

